



Contacts Are Confidential
(Exception - Duty To Warn Issues)

Solution Focused

No Cost To You

We Will Come To You
(Exception - Not in Personal Homes)

MORE INFORMATION

www.militaryonesource.com
www.guardfamily.org
www.inarng.org
www.mhnngs.org



Joyce Smith

Military Family Life Consultant
Child and Youth Specialist
Cell: 317-605-9575
Office: 317-247-3300 ext. 85459
joyce.k.smith@healthnet.com

Mary Hays

Military Family Life Consultant
Cell: 317-771-5376
Office: 1-800-237-3850 ext. 3192
mary.e.hays@healthnet.com

Indiana National Guard Family Program Office

2002 South Holt Road
Indianapolis, IN 46241
Toll Free: 1-800-237-2850 Ext. 3192
LTC Marcus H. Thomas
State Family Programs Director
www.in.ng.mil
www.facebook.com/familyprograms



“One Force, One Family”

Military Family Life Consultants

**Supporting
Service Members
and Families in the
Midst of Change**

Consulting

Licensed clinical providers are available to assist service members and their families with issues they may face through the cycle of deployment - from leaving their loved ones and possibly living and working in harm's way, to reintegrating with their community and family.

They provide **FREE** support for a range of issues through counseling and training services, and offer presentations on reunion/reintegration, stress/coping, grief/loss and deployment to many different military support groups and families.

Support for these issues can empower individuals during the problem-solving process, increase individual and family competency and confidence in handling the stressors of military life and ensure that issues do not impair operational readiness.

— Services — Counseling

A Solution-Focused Approach

- Military Family Life
- Stress
- Deployment / Reintegration Stress
- Children / Family Development
- Parenting Skills
- Grief / Loss
- Resources for Ongoing Support
- Dealing with Anger
- Marital / Relationship Issues



Training



Military Family Life Consultants can provide training classes or speak on relevant issues with regards to military family life or separation issues for all different types of groups:

- Small Groups
- Family Readiness Groups
- Teachers
- Teacher's Aides
- School Nurses
- Church Groups

.....Any Other Helping Professions